



edwards and ward
a recipe for success

Edwards & Ward are delighted to provide fresh, nutritious and healthy lunches to the pupils at your school. We are an award winning caterer specialising in education and we have built our reputation on fresh food prepared on site by staff who care about what they do.



look out
for special
theme days



Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

Did you know that we only use organic, red tractor or farm assured meat in all our schools.



We also serve your children organic vegetables.

We only use the freshest free range eggs.



Edwards and Ward ensures that all of our menus stick to the current School Food Standards.

All of our fish is MSC Certified to encourage sustainable fishing practices.



Dietary and Allergen advice

If your child has been advised by their GP or Health Care Professional to either follow a special diet or to avoid certain foods containing any of the "identified" allergens as per Food Information for Consumers Regs. 2014, then please contact your Childs school and our Special Diet and Allergen help line on

01934 615616

Contact Us

We will be delighted to hear from you,
wandsworth@edwardsandward.co.uk
www.edwardsandward.co.uk



AUTUMN/WINTER 2017

**MENU
2017
WANDSWORTH
PRIMARY**



In Partnership with Wandsworth Borough Council

Week 1



04/09/2017, 25/09/2017, 16/10/2017, 13/11/2017,
04/12/2017, 01/01/2018, 22/01/2018

Savoury Beef Mince

Or

Quorn Paella

Or

Sweet Tomato and Lentil Pasta Bake

Jacket Potato, Penne Pasta

Garden Peas, Fresh Cauliflower

Apple and Blackberry Crumble and Custard

Chicken Italiano

Or

Tuna Pasta Bake

Or

Mexican Vegetable Buritto

Pasta Twists, New Potatoes

Sweetcorn with Peppers, Green Beans

Sultana Pudding with Lemon Syrup

Roast Beef with Thyme Gravy

Or

Honey and Ginger Stir Fried Vegetables

Or

Vegetable Spaghetti Bolognese

Roast Potatoes, Egg Noodles

Sliced Carrots, Savoy Cabbage

Strawberry Jelly with Peach Slices

Sticky BBQ Chicken

Or

Salmon and Watercress Tart

Or

Roasted Butternut Jalfrezi

Vegetable Rice, New Potatoes

Broccoli Florets, Sweetcorn

Jam Sponge and Custard

MSC Battered Fish

Or

Lentil Roast

Or

Cheddar Cheese and Red Onion Quiche

Chips, Brown and White Rice

Baked Beans, Baked Courgettes

Chelsea Bun

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FRESH
HEALTHY
TASTY



Week 2



11/09/2017, 02/10/2017, 01/11/2017, 20/11/2017,
11/12/2017, 08/01/2018, 29/01/2018,

Sweet and Sour Chicken

Or

Fillet of Cod Provençale

Or

Jacket Potato with Beans and Cheese

Egg Noodles, Lemon Rice

Sweetcorn, Broccoli

Apple Crumble and Custard

Beef Rogan Josh

Or

Homemade Fishcakes

Or

Bean and Vegetable Taco's

Brown and White Rice, New Potatoes

Sliced Carrots, Green Beans

Butterscotch Bread Pudding

Roast Chicken with Stuffing and Gravy

Or

Vegetable Biryani

Or

Aubergine Parmigiano

Roast Potatoes, Parsley Potatoes

Medley of Vegetables, Salad Bar

St Clements Cake and Custard

Lamb Moussaka

Or

Creamy Fish Curry

Or

Tomato and Basil Pasta Bake

New Potatoes, Fragrant Rice

Garden Peas, Grated Carrots

Iced Carrot Cake

Cheese and Tomato Pizza

Or

Vegetable Spring Roll

Or

Cauliflower Cheese

Baked Wedges, New Potatoes

Baked Beans, Sweetcorn with Peppers

Chocolate Fudge Cake

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

We use locally
sourced ingredients
when available
and in season



Week 3

18/09/2017, 09/10/2017, 06/11/2017, 27/11/2017,
18/11/2017, 15/01/2018, 05/02/2018,

Spaghetti Bolognese

Or

Salmon Kedgeree

Or

Thai Pumpkin and Chick Pea Curry

Spaghetti, Steamed Rice

Cauliflower, Garden Peas

Banana Custard

Chicken and Sweetcorn Puff Pie

Or

Mackerel and Leek Pasta Bake

Or

Quorn Chilli

Parsley Potatoes, Rice and Peas

Broccoli, Sliced Carrots

Fruity Crunch Crumble with Custard

Beef Enchilada's with Tomato Salsa

Or

Vegetable Chow Mein

Or

Macaroni Cheese

Turmeric Rice, Garlic Bread

Sweetcorn, Salad Bar

Lemon Drizzle Cake

Paprika Chicken with Sour Cream and Chive

Or

Trawlerman Pie

Or

Quorn Shepherd's Pie with Sweet Potato

Ranch Potatoes, Creamed Potatoes

Shredded Carrots, Green Beans

Vanilla Sponge and Chocolate Custard

MSC Battered Fish

Or

Chicken Paella

Or

Spinach and Mushroom Lasagne

Chips, New Potatoes

Baked Beans, Garden Peas

Oatmeal Zucchini Cookie and Ice Cream



Suitable for Vegetarians

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Served Daily – Freshly baked bread, Freshly sliced fruit,
yogurts and fresh drinking water.

Smile food that makes you happy